

Evolutionary Nitro

Soul guides to enhance our own evolutionary journey!

I hope you enjoy this information. These are some perceptions and awarenesses that I've gathered along my journey so far. My intentions for sharing these thoughts are to open your minds and your hearts to vast possibilities and give you more room to play in your own being-ness! Enjoy!

We Are So Much More Than We Think We Are! We are beings of infinite knowledge, love, experience and abilities. Not only do we get to undo all of the falsehoods that we've bought into our whole lives, but we get to start accessing our innate gifts and the knowledge that we carry. What if we've had millions of lives already living as a human being? What if we've already spent lifetimes mastering healing, being a seer, working with metal, speaking, etc? What if we have access to hundreds of guides and spirit helpers instead of a few? What if there is a part of us that knows everything already that will happen in this lifetime past, present and future? What if we could feel the future and see how our interview, decision, etc. is going to go or if we could improve upon it somehow? What if we could relax into letting that larger part of ourselves drive our lives? What if we actually have many different soul threads of ourselves that are living in many different dimensions and times right now? What if our love is big enough to fill buildings and even wrap around the earth and flow out into the universes? What if...?

Release The Stories! What if we are huge star beings having a human experience? If we've lived that many lifetimes here we must have experienced many different variations or not only ourselves but also our lives. We've been royalty, leaders, servants, mothers, children, men, animals, famous and everything else in between... Our lives here are really just stories that we've participated in. We get to come here and play "days of our lives" and try on different roles and live out variations of story lines. When we realize our life events are just stories, damage and trauma can fall off of us easier. We can start to be

observers in our own experiences and life. We also have the ability to dial up a different story and try on other roles. For instance if we are wanting more familial support, and financial flow in our life, we could dial up a lifetime where we were an only child to wealthy parents who would support us in any endeavors we wished to embark upon emotionally or financially. Imagine what it would be like to be that child. Feel your energy shift. When our energy shifts the world shifts too and we can enjoy different experiences.

Trust The Truth Vibe! When we are exploring, an essential tool to opening up to infinite possibilities is being aware of the truth vibe. You know that gut feeling when something is true even when it may sound crazy, that awareness in the center of your body that says “yes that’s true”. If you want to notice your lie detector, try saying true and false statements to yourself and FEELING inside of you for a difference between them. The reason why this is such a great invitation is that it will allow you to access information far beyond your human minds judgments and boundaries. If I said to you “you are one of the ascended masters walking around on this planet”. Your mind may say “hell no!” but if you’re feeling the truth vibe then that maybe true for you. When you notice the truth vibe there is growth and expansion. Your brain is given time and it will wrap itself eventually around the new awareness or information. Our hearts resonate with the truth when it sees, hears or feels it! Start becoming more aware of your truth vibe. It will allow you to wrap your head around concepts quickly and easily and you will evolve quicker. You will be able to discern whether information or anything really is in harmony with you or is applicable to you or not. Not all information is for you. Maybe this isn’t either. Trust your truth vibe!

Flow From The Heart Not The Head! Our biggest intuition and brain is actually not in our head, it is in our hearts! When we are in our heads we are reacting out of fear a lot. When we are in our hearts we are reacting out of love. When we consciously connect to our hearts and flow from there, there is clarity, fluidity, and magic. We may realize that our heart feels empty and we will know how to refuel ourselves. There is clarity of what

we need to support ourselves in the moment. We will have a clearer intuition and knowingness about things. We aren't second guessing ourselves and this relieves us of a lot of extra stress and frustration. When our hearts are open we are magically connected to our gifts also. Our hearts recognizes bullshit or authenticity and will lead us in the right direction on our paths.

We Are On This Planet To Experience... What if we are big spirit beings here on this planet to just EXPERIENCE in these human forms? What if that is the truth of why we are here? Does an experiential being care whether it's a good, bad or ugly experience? Nope! It is just here to experience everything and anything! When you shift your awareness into the experience, there is a magical reaction. When I am working myself up into a lather and a nice panic attack if I shift into the experience of the moment it drops me into childlike wonder and excitement. I start to notice everything around me and my curiosity is aroused. This reduces my fear and opens my heart. When we are in experiential mode, possibilities are endless, changes can happen, there is a neutrality and peacefulness enjoyed. We are fully present in the moment and may perceive things differently than we noticed before. You may find your reactions differ. You get to enjoy the dance instead of feel like you're being trampled. When we realize we are just here to experience maybe we can make some different choices about what we'd like to enjoy next. Have you had enough lifetimes of being broke and struggling to survive? What would you like to experience next?

Power of Commitment We may feel like we've been committed to assisting others our whole lives so why do we need to commit now. There is power in verbally or actionating our commitment frequently in our lives. When we say our intention out loud or ritualize it, the Universe or Source or whatever you believe in has a clear message that we are stepping into whatever we are committing to. There is power in commitment so if you feel like you are stagnating or blocked... it might be time for a recommitment however you want to express that.

Perfect Timing A lot of us use timing as another way to beat ourselves up. We feel like we are not doing something right. We need to push ourselves more. We just aren't getting it. What if we could just relax and trust the process and our big selves. What if we could let our higher self or the bigger part of us that knows everything including how our life is going to turn out going forward – drive the car. What if we could trust her or him to instinctively know the correct way ahead? What if we could just relax and realize maybe we haven't made any mistakes, it's just not the right time yet? How much stress could we take off ourselves by surrendering to the flow of the moment. Push when that feels right and allow ourselves to simply flow along in between. Trust that we know what works for us and stop judging ourselves when we are simply waiting for the universes to align.

Tip of The Iceberg What if someone told you that you are using about 18% of your innate capabilities or gifts? What if someone said that was actually very good compared to most of humankind? How much more of ourselves are waiting to be discovered? We feel pretty gifted now but could you imagine what we could do when we realize 60 or 80 more percent? The sky is the limit really to what we are capable of doing? There is a lot of room for exploration and the realm of possibilities are as vast as this universe and maybe bigger... What we know about ourselves and our capabilities are really just the tip of the iceberg! We have a lot more room for exploration! Are you up for a grand adventure?

“Always expect the unexpected!”

Love always Hillory